



Types and Shadows

Photo by Chuck Fager, Durham NC



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Journal of the *Fellowship of Quakers in the Arts*



Cover Art: **Blooming Redbud**

photograph by Chuck Fager, Durham NC, ©2024

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T&S Submission deadlines are:
Sept. 15, Dec. 15,
March 15 and June 15.

FQA is an art ministry for Quakers and others under the care of *Trenton Monthly Meeting.*

Quaker Arts News

A lot is going on among Friends active in the arts. Here are several items (not a complete list!):

CALLING ALL FQA ARTISTS – NEW FQA 2024 ART SHOW VIDEO

You (and your work) are invited to be part of a video that the Fellowship of Quakers in the Arts (FQA) will create to show at the 2024 Friends General Conference (FGC) Gathering, and on our website and social media pages. The theme is, "Rooted in Story", to include images and/or videos of artists' works combined with audio and/or video of each artist talking about their personal artistic journey and how their work is sourced from that story.

Artists are asked to submit:

- a) still images or video "footage" of their work **and**
- b) a short (5 min) audio and/or video file in which the artist talks about their personal artistic journey. This file can be made with your cell phone or more sophisticated equipment --and if you do not know how to do this we will provide assistance.

The focus of FQA's video is on inclusion and we will do our best to work with all that is sent to us.

To open a pdf of complete instructions for submitting your work, go to http://bit.ly/FQA_2024_Video_Instructions or to the Opportunities page of FQA's website at www.FQAquaker.org, or scan in the QR code below.



The deadline for submissions is **May 15, 2024**. We look forward to your participation in this project! Doris Pulone (dpulone@comcast.net) and Jonathan Talbot (jonathan.talbot@gmail.com), are Co-Producers of the 2024 video.

P.S. This will be the second exciting original FQA video collection. To view the first one, "Out of The Silence," created in 2023, go to this link: <https://youtu.be/SBYJ2NCy5qI>



FQA ARTIST ZOOM SHARING SESSIONS

Next one on May 4th, 2024! Last summer FQA began a new series of Quaker art sharing sessions via Zoom. Three quarterly sessions have been enjoyed by more than two dozen Friendly artists. The NEXT session will be online at 4 PM Eastern time, on Saturday May 4. FQA's new Clerk, Jeanmarie Simpson, will convene, and sends this proposed "agenda": "I propose that we give focus

ahead of time to the FGC 2024 theme, Rooted in Story." On request I'll send a link to a Google Doc for sharing the ideas, visions, images, poems - whatever comes to you - based on it. A week ahead, on April 27th, I'll send the document out to everyone for reflection – with a Zoom Link-before our meet.

jeanmarie.simpson@gmail.com

More Quaker Arts News, page 3 >>

Lemonade Art Center at FGC Gathering

From FGC: Fellowship of Quakers in the Arts is having an art show and open mic at Friends General Conference Gathering at Haverford College June 30-July 6, 2024. The Gathering theme is 'Rooted in Story'.



Submissions do not need to be limited to the theme. Submission deadline is June 1, but may be extended based on amount of participation. The art intake will be June 30. It is expected the show will be hung the morning of July 1. Help with hanging and intake will be welcome. An Intent To Show form for both the art show and open mic will be available on the FGC website or through this link: <https://forms.gle/FTkPEzKyzp-wpvz5p6>. Visual artists will be allowed five works. Digital artists are responsible for providing their own digital display devices. FQA, FGC and Haverford College are not responsible for loss, damage or theft of artwork or digital devices. Sign up in advance is required for both the art show and open mic. Gathering participants can bring artwork for other registered artists who cannot attend.

The art reception will be Tuesday, July 2 from 2 p.m. to 5 p.m. The open mic will be 9:15 p.m. to 10:45 p.m. on Tuesday, July 2. Setup and tuning will be done ahead of the start time. Performing artists and poets will be limited to one offering per participant.

When selecting artwork or material for the open mic please remember that the Gathering is a family friendly, all ages event. We may need a participant to provide a sound system for the open mic and a participant to provide a display device for an FQA video to be looped during the Gathering. Also, we are looking for someone who can video the open mic.

If you have additional questions, please contact Lemonade Art Center coordinator Becky Ross at stayinthepresent@yahoo.com or cell # 484-336-6048.

Featured Quaker Artist:

Signe Wilkinson

Cartoonist Signe Wilkinson has been portraying, caricaturing, satirizing and skewering all things Philadelphia (including Quakers) for forty years. For 35 of them she did it for two Philadelphia papers, the Inquirer and the Daily News. Mostly retired since 2021, she still churns out a weekly toon for the Daily News.

Many Philadelphia readers strongly identify with their hometown, so Signe says, "I don't draw for an international audience -- for the Philadelphia Daily News, Camden [New Jersey, right next door] is a foreign assignment."

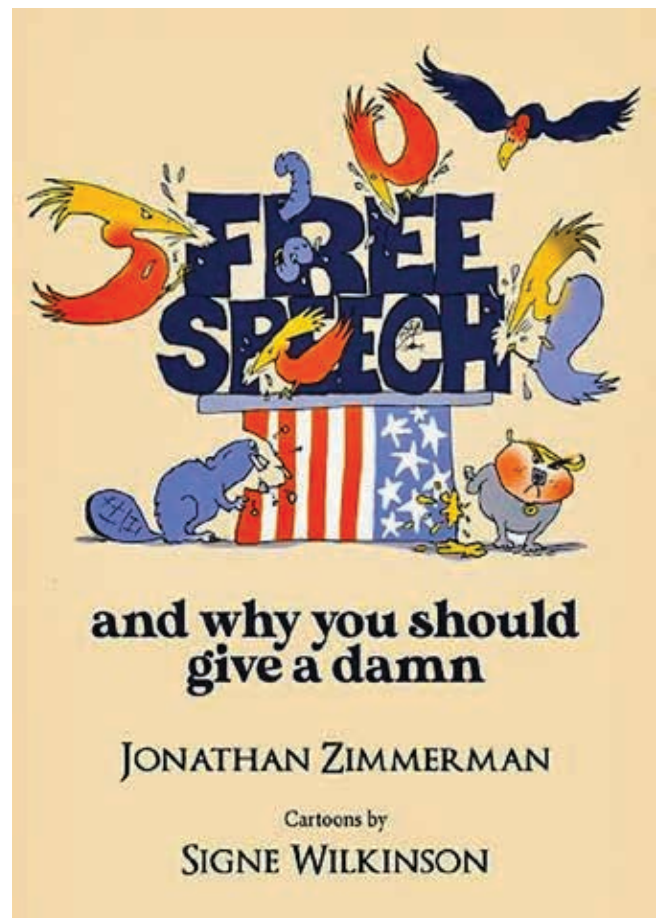
So she's produced stacks of sketches about all levels of Philly politics, sports champs, its plentiful controversies and catastrophes. She also won a Pulitzer Prize and many other awards.

Signe at work -- self-portrait



But there are some national, and even international issues that intrude into this homey horizon, and one in particular that's close to universal, critical and urgent, that she's particularly passionate and persistent about. It's also one this reporter shares. She even sparked the writing of a crusading book about it, and then did cartoons for it.

Her abiding cause is laid out in this 2021 book:



[More Signe, page 4 >>](#)

>> Signe Wilkinson, from page 3

Author Jonathan Zimmerman, an education professor at nearby University of Pennsylvania, explained how it came to be in a Library of Congress joint interview:

"The real reason I wrote the book is that Signe Wilkinson emailed me and asked me to write it; and if you get an e-mail from her, you act."

"I mean we're talking about one of the great cartoonists of our era. . . . And when I started to write it I realized what my real message was to people younger than me, which by the way is almost everyone at this stage, but mainly to my students and also to my young adult daughters. Because in my experience many people in the younger generations have developed a skepticism about the free speech and in some places have even developed an animosity towards it."

Animosity? You bet. And the same concern was on Signe's mind, and in her pen, not once or twice, but frequently . . .



"I've been cartooning for almost 40 years," Signe adds, "and I depend on the free speech amendment [to the U.S. Constitution; the FIRST Amendment] every single day really, and I've seen so many times when people have criticized me, saying 'she can't say that.'"



"I was once speaking at a cartoonist convention we had" visitors from the Middle East -- all men -- and I was on the podium and I was speaking and they said to the host, 'is she allowed to say that?'"

At any rate it's crucial for cartoonists -- and cartoonists around the world have been imprisoned and sometimes even killed because of their cartoons. They've gone into exile or underground . . .

"I've been called everything and I've been picketed -- our paper has been picketed. But we invite the picketers in, and they then got a place in the paper to respond and then it goes back and forth among readers. So my belief is that really controversial cartoons are just like controversial statements, or records, movies or books: they don't end conversations they begin them."

"And sometimes it takes something pretty controversial just to get people to really engage in the issue. So for me it's free speech and it's the platform on which I stand and so do the rest of the cartoonists in the United States of America."

And while threats to free speech are increasing today, they're not new, nor are irreverent satirical cartoons.

In fact, Signe herself, in a CSPAN interview about the book, gave viewers a quick, startling history lesson:

"Pointed editorial political controversial cartoons go way back. So I thought I'd start with the guy who is sort of credited to be the father of western cartooning and I'm sure you're can guess exactly who it was--which would be Martin Luther."

CONTENT WARNING: FART JOKE; Also Religious Irreverence (& Latin Cusswords)

"Yes! 500 years ago, Martin Luther was protesting the influence of the Pope and Rome on his German community and his beliefs, and to illustrate his feelings he hired local artists and used the fairly new printing press to create woodcuts. And here's one of them: it shows a couple of his supporters sticking out their tongues, baring their bottoms



>> Signe Wilkinson, from page 4

But Signe assured viewers, "Now this is not an image that I would have used in a daily newspaper in my world, but the consequences of free speech for Luther were possible death at the time."



One related concern is that in her career, Signe has seen, and been affected by, the steady shrinkage of the newspaper industry: when papers shut down, cartoonists' jobs and outlets are lost with them. And she was asked in the CSPAN session: "Do you feel memes are the new cartooning?"

Signe: "I think they have democratized political cartooning. What they lack is drawing but they do the same thing --they make immediate and pointed and funny remarks public almost instantaneously, I mean much faster than I could draw a cartoon And the other reason they're so ubiquitous is obviously they're using today's medium.

"My history was drawing with a pen on paper and it was printed in a paper--all that is over, over, over a meme, you know, it's there and gone and then there's another one or a funny tweet or -- and I mean that's why people love them, they're refreshing during the day to take your mind off stuff and make you laugh and make you think. So yeah, I regretfully concede that memes are good, they have their place in political discussion."



New Web Edition of a Classic FQA Booklet:

Beyond Uneasy Tolerance



Photo by John Holliger - More on last page

FQA published a collection of 100 Quaker quotes about the arts in 2000, as a pamphlet titled *Beyond Uneasy Tolerance*, or *BUT* for short.

The quotes show how early Friends were vehemently anti-art – much of what FQA has done would have been grounds for disownment then!

"And therefore, all Friends and people, pluck down your images...; I say, pluck them out of your houses, walls, and signs, or other places, that none of you be found imitators of his Creator, whom you should serve and worship; and not observe the idle lazy mind, that would go invent and make things like a Creator and Maker...."
- George Fox, ca. 1670

But at length that negative attitude was examined and –over time-- largely outgrown. The booklet of quotes was added to our website, as a free resource for discussion and reflection. However, the first web edition was composed in a faint, hard-to-read font.

"If the Christian world was in the real spirit of Christ, I do not believe there would be such a thing as a fine painter in Christendom. It appears clearly to me to be one of those trifling, insignificant arts, which has never been of any substantial advantage to mankind."
—Edward Hicks, painter of *Peaceable Kingdoms*, 1851

The new edition is meant to be clearer for reading. It has also been expanded from 100 to 101 Quotes, to include a clip from a recently recovered 1856 pamphlet, *Amusements: Their Use and Abuse*, pleading for an end to the ban.

It seems to have been important in helping open Quaker doors (and minds) to some art.

"The history of the protest of early Friends against excess and ostentatious superfluity is fascinating. It is easy to ridicule their apparent denial of the Arts; yet it must be admitted that, certainly visually, out of it there was born an austere, spare, refreshingly simple beauty [But] in the Society there is no finality; we can laugh at ourselves and go on learning. As long as we're given to constant revision there is hope for us. Special pleading for the Arts is no longer needed. They are not viewed, as they once were, as a distraction from God. Rather they are seen as a manifestation of God."
-Robin Tanner, 1966

This link will take you to the new edition:
tinyurl.com/mkb5ewda

Jeanmarie Simpson: FQA's New Clerk Is a Distinguished Playwright and Actor:

Jeanmarie (Simpson) Bishop was born in rural Arizona in 1959. Her family moved to Toronto in 1970 and she fell in love with the theatre after seeing, with her 7th grade class, a legendary production of *Godspell* (featuring Gilda Radner, Eugene Levy and Martin Short). She performed dozens of roles in regional theatre and stock in the US and Canada and began directing while still in her teens.

Jeanmarie is Founding Artistic Director of the Nevada Shakespeare Company (NSC), from which she retired in 2008. With NSC she directed many projects, wrote original works and played myriad parts including Maud Gonne in *Sailing to Byzantium*, Gertrude in *Hamlet*, Lady M in *Macbeth* and Elsa in *The Road to Mecca* With Shannon Cain, co-editor of the anthology *Powder: writing by women in the ranks from Vietnam to Iraq*, Jeanmarie created a stage version titled *Coming In Hot*. The play opened in Tucson in September 2009, then toured internationally in March of 2010.

Jeanmarie as Mary Dyer



Turning her talents toward Quaker history, she toured with another original solo performance work, first titled *Mary's Joy*, from 2011-2014. The piece explores the life and struggles of Quaker martyr, Mary Dyer, hanged in Boston in 1660. Jeanmarie presented it at the FGC Gathering in Rhode Island in 2012, to a standing ovation, and later retitled it, *HERETIC*, of which FQA published a paperback version.

Jeanmarie is a retired member of Actors' Equity Association, Screen Actors Guild/AFTRA, the Society of Stage Directors and Choreographers and the Dramatists Guild of America. She lives with her husband, Dan, in a cottage with a garden in Glendale, Arizona. She joined the FQA Board in 2023, and before long, she was named Clerk.

Jeanmarie wrote and performed more than 300 times (including a run Off-Broadway) the play *A Single Woman*, about the life of first US Congresswoman and lifelong pacifist, Jeannette Rankin (1880-1973).

As the play begins, Jeanmarie as Rankin enters the stage – set as a working kitchen – dons an apron, then makes lemonade and slides a pan of actual dinner rolls into a hot oven; their aroma becomes pervasive as the play unfolds. Rankin was born on a Montana homestead, and grew up to become a dedicated reformer for women's suffrage and other reforms, including an end to war. She was the first woman elected to Congress. Montanans elected her twice, on the eves of both world wars, where she twice voted against U.S. entry, the only member of Congress to do so. In 1941, on the day after the Japanese attack on Pearl Harbor, hers was the single **NO** vote against U.S. entry.

Jeanmarie as Jeannette Rankin



The wars cut short Jeannette's electoral career, but she returned to reform work, and never married. At the time of her death in 1973, she was actively working for a end to the Vietnam war.

After the play's end, Jeanmarie shares the freshly-baked dinner rolls with audience members.



Here is a passage from Jeanmarie's play, *A Single Woman*:

Excerpt from

A Single Woman ***(the life of Jeannette Rankin)***

a play by Jeanmarie Simpson

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STORYTELLER

Good Friday, 1917.

JEANNETTE

Congress Men and all of you good people packing the galleries, I feel your eyes burning holes in me. I've been in Congress six days.

(To the audience) A woman is elected to the United States Congress a hundred forty years after the birth of the nation and the first thing that falls into her lap is a war resolution.

HARRIET LAIDLAW

My husband and I put everything we had into your campaign.

JEANNETTE

I know you did, Mrs. Laidlaw, and I thank you for it, but don't ask me, because I can't do it, don't you see that? I'd rather be burned at the stake or put in prison! I've promised the people of Montana that I would never vote to send their sons to war. I can't break that promise!

CARRIE CHAPMAN CATT

Jeannette Rankin, you will set back the cause of suffrage a hundred years, unless you vote for the war!

JEANNETTE

I know you believe that, Mrs. Catt, and I won't be reelected and some of my sisters in suffrage will never speak to me again. Some of you will rail against me in print.

CARRIE CHAPMAN CATT

You will make women look weak by opposing the war!

JEANNETTE

(frustrated) This is the first time in the history of civilization that a woman has been elected to a major legislative body in a free country! I'm a symbol and a representative, not only of women in Montana or in the United States, but of women in all nations and ages.

WELLINGTON (Jeannette's brother)

Jenny, you're committing political suicide. You'll destroy yourself.

JEANNETTE

Wellington, you have got to let go of me! (pause) I can't stand to disappoint you. I swear, I won't vote until the very last moment. (pause, hesitantly) If I can see a way to vote for the war, I will. (slowly crosses toward podium)

ALICE PAUL

Who wants the vote at this price, Jeannette? Vote your conscience.

JEANNETTE

(softly) Bless your Quaker heart, Alice Paul.

(to audience) Men and women are like right and left hands: it doesn't make sense not to use both. A mother experiences what it means to care daily for the gradual growth and maturing of her beloved children.

Her life is given for her children, not by her death, but by her living, in her looking always to the future, towards the fulfillment of her ideal. Self-control, compassion, honesty, integrity, and love must be conceived in our minds, incarnated through our daily actions and living, and patiently sustained in adversity. To go in the direction of the threat, to face the enemy with our precious lives and the lives of our children and our children's children in our hands, to seek humanity in the hearts of our enemies - this is the great work of mothers and of nations. (pause) A dead enemy cannot become our friend.

WELLINGTON

Jenny, you can pass. You can be absent. It's perfectly acceptable for you to abstain on this first vote, it's a common practice by freshmen in Congress.

JEANNETTE

I agree that we should postpone the vote. Good Friday is no time to vote for war - it is the anniversary of the most notorious murder in history!

(Music)

"UNCLE JOE" CANNON, REPUBLICAN LEADER

Little woman, you cannot afford not to vote. You represent the womanhood of the country in the American Congress. I shall not advise you how to vote, but you should vote one way or another - as your conscience dictates.

JEANNETTE

(desperately) I want to stand by my country (pause, with resignation), but I cannot vote for war.

(softly) I vote NO.

(Music. Lights change.)

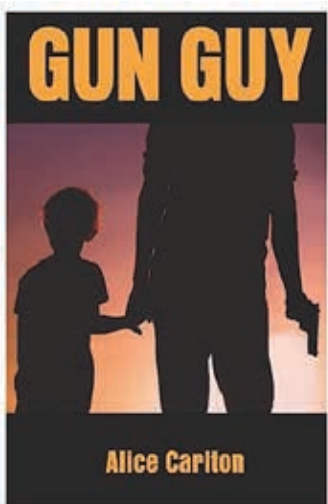
Featured Quaker Artist:

Alice Carlton

Alice Carlton has been a member of North Carolina's Chapel Hill Monthly Meeting for forty-plus years and she continues active in committee work and concerns.

After retiring from a career as a clinical social worker, and therapist, Alice Carlton has pursued her long-time urge to write. In addition to poetry, she has published two novels. An excerpt from the second, *Gun Guy*, follows, and then her review of *The Quaker Café*, a tale inspired by actual Friends meetings and traditions in North Carolina.

In *Gun Guy*, an NRA executive, Guy Grant has devoted his entire life to the Second Amendment. But after a horrific personal tragedy involving gun violence, he is left questioning everything he once believed in.



“Bam! Bam!” The sound of the gavel reverberated through the room. “The meeting will come to order,” said Henry Turner, School Board Chairman. The audience stopped milling around and took their seats. Jake sat near the front, his hands sweaty and his heart beat accelerating. There was a full house tonight.

“First as always,” said the Chair, “we have the public comment period. Each person who signed up in advance will have three minutes. Not a second more.” He nodded to Bob Nolan.

“Thanks for taking charge of this task, Bob. Who’s first tonight?”

Bob read from the paper in front of him. “Jake Cummings.”

Jake took his place at the podium and adjusted the microphone. He cleared his throat and began. “My daughter, Gracia, goes to this school. She is in first grade under the expert tutelage of Ms. Warwick. I want to speak tonight about the epidemic of gun violence in schools today and my proposal that teachers be armed.”

There was a murmur from both the audience and the board members.

“I love my daughter and hate the thought of her being harmed in any way for any reason. I count on the school to keep her safe. But we all know the children at other schools have not been safe.

Consider a six-year-old boy, I’ll call him Daniel, who attended Sandy Hook Elementary School. You all know about the tragic shooting that happened there but stay with me as we imagine what could have happened instead. He wants to be a doctor when he grows up. He loves reading and science and baseball and his dog, Rusty.

Imagine he’s in first grade. He comes to school eager to learn. He’s smart, he eats it up.

Then imagine a disturbed young person comes to school with a rifle in hand, determined to do harm. He bursts into the front door firing away.

The office secretary hides behind her desk briefly while she pulls a firearm from a drawer. As the shooter comes into the office and looks around, she aims for his chest and fires. She kills him. She saves everyone in the school.

Daniel gets to grow up. He studies hard. Maybe fifteen years later he enters medical school. Maybe ten more years, he and a group of colleagues find the cure to cancer.

If we train teachers, send them to eight weeks of training with certified instructors, perhaps this scenario I just described would play out just as I said, with no one but the deranged shooter being harmed.

We have in our area Master Handgun Accuracy Training Programs. If we had a few staff members, maybe one or two or three in each school, who were selected, given complete psychological evaluations to make sure they were up to the challenge, given this excellent training for eight weeks, our children would be safe. With this course, the trainees’ skill has been proven, at a distance of 0-6 feet from the intended target, to rise from 43% without it to 98% accuracy at the completion of the training. At a longer distance, say six to twenty one feet, accuracy rises from 23% to 97%.”

Jake scanned the audience. “I know this proposal is currently illegal. But several school boards in the Commonwealth have filed a lawsuit challenging this illegality. We could join them to make it legal. We can do this. We can keep our children safe. Thank you.”

“Gun Guy” continues, page 9 >>

>> "Gun Gut", from page 8

Jake sat back in his seat. A stunned silence filled the room. A few minutes passed before a word was spoken, then waves of murmuring flowed through the audience. The board chair looked pale. He swallowed then rapped the gavel and nodded to Bob Nolan. "Next speaker?"

Rebecca Olney took the podium and opened a notebook in front of her. She looked hard at the audience then back at her notes.

"My name is Rebecca Olney and I have three children in school, one here, one in middle school and one in high school. I'm a master gardener and I came to speak tonight about an idea to have gardens in every school. I have a long list of volunteer master gardeners willing to help the students plant, tend, and harvest vegetables they grow in these gardens."

She drew her short frame up as tall as she could and shook her long auburn tresses. She pressed her lips together and drew her dark eyebrows into a straight line.

"That's what I came to say, and I still think it's a good idea. We could feed a lot of hungry kids and more importantly teach them to grow their own small gardens with their parents at home. We do have too many kids going hungry."

Then she closed her eyes. A grimace formed on her face. She wiped a tear from her cheek as she opened her eyes. "But I must spend the rest of my time saying what a terrible, awful, horrible idea the previous speaker has proposed. I will not stand by and see teachers armed. I do not want to see our school, a place for nurturing young minds, turned into a place for a shoot out. Thank you."

She slammed her notebook shut and sat down.

The rest of the evening was a blur in Jake's mind. . . .



Alice Carlton

Learn more about Alice and her writing at:

<https://alicecarlton.com/>



The Quaker Café

Review by Alice Carlton

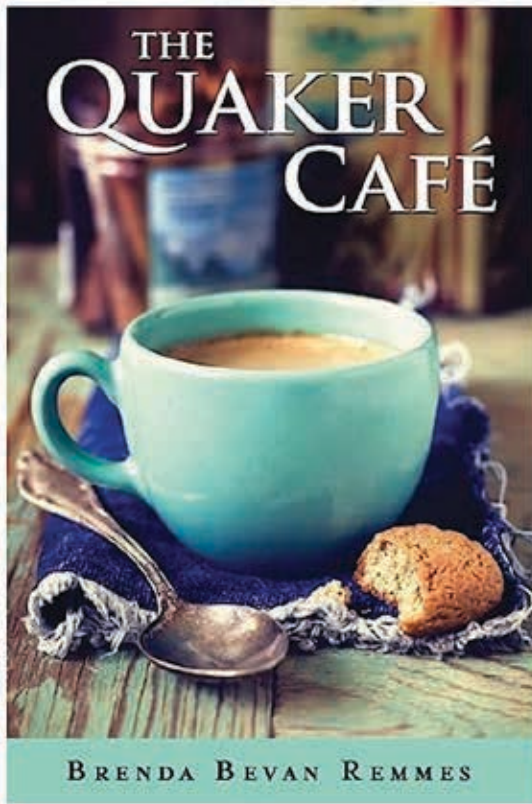
The Quaker Café, a novel by Brenda Bevan Remmes, is set in 1992 in Cedar Branch, a fictional small town in NE North Carolina, where racial tensions from a tragedy decades before lie unacknowledged and unhealed. Liz, the main character, wasn't raised Quaker but married into a North Carolina Quaker family years ago and has come to embrace the faith. Originally from St. Paul, Minnesota, she sometimes puzzles over some southern customs, like burying the deceased in the backyard.

This question opens the story as Judge Kendall, the father of one of her best friends, Maggie, a Methodist, dies and must be buried in the backyard plot. Surrounded by a brick wall, it only has room for one more grave, leaving no space for Maggie. Liz asks her husband, Chase, about this custom. He doesn't understand the question. It's just what they do.

"But what if someone should decide to sell the family home?" Her husband, Chase Hoole, a birthright Quaker who'd left his home town only long enough to get a degree, seemed resigned. 'It's just not something we want to think about.' Liz let it drop."

Quaker Café, page 10 >>





This burial custom was new to me as well. My Chapel Hill Friends Meeting has a memorial garden where the ashes of departed Friends are buried. On the meeting house wall, there is a plaque with the names and dates of those interred there. Only the clerk of the Care and Counsel Committee has the map of who is interred where.

Liz and Chase are raising their four boys as Quakers. The café is a community gathering place where townfolks share joys and concerns. Her two best friends are not Quaker, which leads to some interesting conversations about the differences in religious traditions. This is a small town. Cedar Branch Quaker meeting has about 50 members.

The Cedar Branch Friends Meeting may be based on Cedar Grove Meeting in Woodland, NC, now called Rich Square. Cedar Grove Meeting's origins go well back into early colonial times. They are now part of the North Carolina Yearly Meeting-Conservative.* ("Conservative" here isn't about politics, but an attachment to traditional Quaker worship and practice, when most other Carolina meetings turned to pastors and revivalism.)

The story is full of descriptions of various aspects of Quakerism in practice. It's clear Liz has learned the value of silence. She remains still when various characters confide shocking secrets in her. She strives to be a good Quaker even as an

occasional curse word slips out. There is tension between Liz and her mother-in-law who is much more strict in her Quaker practice and very ready to let Liz hear her disapproval.

At one point, as a shameful past is slowly revealed, the Quaker elders are consulted. They are fully drawn, not saints, with good and bad qualities. Descriptions are vivid and absorbing, but I didn't really need to know the details of everyone's choice of attire every day. There's humor and heartbreak in equal doses and surprises the reader couldn't see coming. Liz and her two best friends, Maggie and Billie, are in the minority where town race relations are involved. Their attempts to bridge the gap between black and white had this reader cheering them on.

In this small town, everyone knows what everyone else is doing. The town of Cedar Branch is almost like another character. Usually news is spread during various gatherings at the Quaker Café. When Liz's best friend Maggie has a medical crisis, Liz becomes an unwilling carrier of several old secrets in hopes of finding a cure for Maggie. It's a page turner that kept me engaged until the final page.

The Quaker Café was first published in 2014. On Amazon.com, the Kindle version described it as revised and edited. Curious, I read this version too. Unless there was a typo corrected or a comma changed, I didn't notice any revisions.

It's a compelling narrative. I recommend it. It is apparently the first in a series. There is another by this author, Home to Cedar Branch (A Quaker Café Novel) that I look forward to reading.

*information from

<https://ncymc.org/richsquare/friends-in-woodland>



Photo by John Holliger - More on last page

Featured Quaker Artist:

Diane Faison

of Winston-Salem, North Carolina, is known to many Friends through her stirring performances as “The Spirit of Harriet Tubman.” She also works in other artistic media, and now she has been preparing a children’s book.

Like many such books, this one is initially meant for her own grandchildren.

It’s working title is **“Mommy, Mommy!”**

Here are some of the text from initial pages, with sketches by Rabb Muhammad:

“Momma, Mommy, Momma....”



“Mommy, Ma, Mommy....”

“Yes, what is it?”



“Why does it get dark at night?”

“It gets dark at night so the stars can come out and shine, and you and I can look up and see how many constellations we can find.”

~~~~~



**“Yes?”**

**“Will I grow big and tall?”**

**“Yes, you are like a beautiful flower in the garden. With lots of love, nourishment, and fresh air, you will grow and you’ll be big and tall before you know it.”**



**“Ma, Mommy, Mommy, Mommy...”**

**“What?, What! You have so many questions.”**

**“Where does the food come from in the grocery store?”**

**“It comes from animals on the farm, and food grown in the field. The farmer then brings the food to the store, so when we go to the store, the shelves are filled.”**







***Types and Shadows***, Journal of the  
Fellowship of Quakers in the Arts  
FQA c/o Keith Calmes  
700 Central Ave.  
Lindenwold, NJ 08021

### ***FQA Statement of Purpose***

To nurture and showcase the literary, visual, musical and performing arts within the Religious Society of Friends, for purposes of Quaker expression, ministry, witness and outreach. To these ends we will offer spiritual, practical and financial support as way opens.

## ***In this issue...***

***Enjoy Exciting Quaker fiction, poetry, paintings, photography, book reviews and Quaker Art News!***

A frequent T&S contributor, John Holliger, 77, of Delaware Ohio, passed away on March 10, 2024 in Columbus, Ohio, after suffering injuries due to a fall. He was born December 20, 1946, in Sandusky, Ohio, and was married to Carol Hastings at Christ Episcopal Church in Stratford, Connecticut in 1975.



John was ordained by the Episcopal Church in 1975. He served churches in Connecticut and Ohio, retiring after thirty years and embarking on his second career as a nature photographer, work that sustained and grounded him. He also became part of Wooster, Ohio Friends Meeting.

Every bio that he ever wrote about himself included the following statement:  
*"I come alive walking the Lake Erie Shore, slogging through wetlands, learning the habitats of forests in Ohio, the stories the rocks are telling, watching the movement from starry nights to the first light of day."*

He named his business "A Contemplative Nature," which truly captures the spiritual underpinnings of his photography.

