

Types and Shadows



Quilt made by sex trafficking survivors



Issue 93

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Journal of the Fellowship of Quakers in the Arts



COVER Art: Quilts are made by sex trafficking survivors at a safe house. The art was organized by Mimi Scalia who works with the survivors.

www.fqaquaker.org
facebook.com/quakersinthearts

T & S Editor

Blair Seitz

blairseitzphotos@gmail.com

2101 Belmont Ave. #3223.
Philadelphia, PA 19131
610-223-5240

FQA Board Members

Jesse White, Clerk

JesseWhite013@gmail.com

Doris Pulone, Treasurer

Liz Di Giorgio, Recording Clerk

Keith Calmes, Membership
keithcalmes6@gmail.com

Pamela Williams

Jennifer Elam

Jonathan Talbot

Chuck Fager

Blair Seitz

from our clerk...



Jesse White

What's new with the Fellowship of Quakers in the Arts?

Thank you for your membership! FQA has been actively working to increase membership. Do you know someone or an organization that might like to become a member of FQA? We are happy to send prospective members a complimentary copy of our 30th anniversary issue of Types & Shadows and information about getting involved. Please spread the word!

Website profiles. Did you know that members are asked to complete a profile on our website? Your profile may include images, a description of your creative interests and practices, and links to websites, writing, and recorded performances. By completing a profile you not only get to highlight and promote you or your organization's creative activities, but you add to an online community resource of Quaker and Quaker-friendly creatives. We hope you will choose membership and that you will start exploring what FQA membership can do for you by completing your profile today. Help is available if needed. Call 845-258-4620. Jonathan Talbot, our webmaster, will be pleased to assist you.

Friends Journal presence. FQA has had a strong presence in Friend's Journal's recent publications. In September's Friends Journal issue on Quakers in the Arts, numerous FQA members' visual and musical work was highlighted through writing by other FQA members! FQA will be present in the October issue as well, with a summary of our accomplishments in the past six months in the Quaker Works section and with an article in the Reflections section.

Creative programming. FQA presented at this summer's Friends General Conference. In September, FQA co-hosted the FQA/Tri-Quarter Art Show in Medford, NJ. We offered small grant funding to members and member organizations for their hosting of creative events and arts experiences. We hope to expand our creative programming to hosting online creative conversations between members in the future. What kinds of programming interest you? We want to hear from you! Email me at: JesseWhite013@gmail.com.

We are thrilled that our creative community is growing larger and more dynamic. We welcome your continued involvement.

Light,

Types and Shadows is published quarterly by the Fellowship of Quakers in the Arts (FQA), Editorial: 2101 Belmont Ave. #3223, Philadelphia, PA 19131
Membership is \$30/yr
Membership dues payment and profile entry at fqaquaker.org or c/o Keith Calmes, 78 S. Main St., Ocean Grove, NJ 07756
T&S Submission deadlines are: Sept. 15, Dec. 15, March 15 and June 15.

FQA is an art ministry for Quakers and others under the care of Trenton Monthly Meeting.





Blair Seitz

@Judy Ballinger

From the editor...

I enjoyed doing my part of this **T&S** issue—show the photographs that I made at the Tri-Quarter art program on pages 5-8. Thanks to **Doris Pulone** for arranging the arts at the Tri-Quarter Retreat (three New Jersey meeting Quarters.) **FQA** is pleased to be well represented in the September, '22, "Friends Journal." Please notice **Jesse White's** request (p. 2) to complete your member profile at: www.fqaquaker.org. Our profiles will make us interactive. — Blair



FQA artists are featured on the cover and 11 pages of the September, 2022 "Friends Journal"

See page 10 for more

Know your board members...

Jesse White...Jesse, our clerk, residing in West Philly, is offering a weekly online workshop on Visual Journaling through **Pendle Hill** from October 4 to November 1 and an in-person workshop on Journal Harvesting, tracking themes and make something new, on **December 3, 2022** from 9:30 - 4:00 p.m. <https://pendlehill.org/events/journal-harvesting-3>

Keith Calmes... is just starting the school year and there are so many school challenges. He requested that Friends please "keep us in the Light." He adds, "Through FQA, I have had the opportunity to collaborate with, partner with, or become inspired by many Friends in one way or another. Having more members means more of all of that good stuff. For instance, I recently sent a piece to Cai Quirk to

improvise upon, and am arranging to record many of my original works. This was spurred on by Jonathan Talbot's recent project. These are just two small recent examples of how FQA membership has positively impacted my creative work. There are many larger and more life altering examples which have come from my FQA involvement."

Doris Pulone..."This is such an exciting time for FQA. The FQA board meeting today was encouraging. You all warm my heart so and have given me so much in the way of inspiration, joy, encouragement and, most of all, friendship." In addition to the art show at the Tri-Quarter Gathering in Medford, NJ, September 24 and 25, (see pages 5-8) Doris plans to hold an art salon twice per month at Mount Holly Meeting.

Pamela Williams...Pamela took a sequence of workshops on Photoshop at the Burlington Center for the Arts and also attended a program about George Nakashima. She is focusing on design skills layered on other media and merging digital media into work and teaching. She reports the restorative aspect of her work, making 100 brushwork images (see p. 10) such as the one featured in **Friends Journal**. Her reading of the journals of Alice Walker is informing her work and she has resumed a practice of writing 10 pages per week. She notes that it "makes me feel alive." She is interested in "discovering what the FQA board process will yield."

Jonathan Talbot...Jonathan, our website creator, completed his triptych mural for Oakwood Friends School and has launched his online workshops in September for his new project offering online workshops in the form of video modules, live Zoom interactions and individual coaching on collage and artmaking through his new website at Artmaking.org: See his introduction on youtube at: <https://www.youtube.com/shorts/TxMTaOkADYA>

Blair Seitz...is immersed in improving his website SEO standing collaborating with his daughter webmaster, Charmaine Seitz. He created a Powerpoint, "Birds and Flora of Costa Rica," to show to residents at his new Simpson House home. **Know your board members** continues on page 9.

Jennifer Elam's HALF PAGE



Stones, Stars and the Morning Sun

The stones inside me, light up,
with possibilities,
and move me toward the stars.
Paradoxes play tug-of-war, inside
as my soul aches for home;
soul wanders across the universe.
Home is elusive, home
is where we are now;
home is gone...home...where are you?
Huge grief, beyond our capacity
now lurks, and sucks the lollipop
that is no longer mine.
Mine is the dance, let go of the lollipop
that is no longer mine;
Dance with God through the Storm.

-Jennifer Elam

Melodies should be improvised by performers.

Chords may be simplified to:
Amin, G, F, E7, A and D.

American Landscape

Witness Against Gun Violence

Keith Calmes

Amin(add2) Amin(add2) G6

Repeat as needed.

(Centering down.) (Witness.)

Amin(add2) 1. Amin(add2) / G F Maj7 Amin(add2) 4x

Why?

G6 Amin(add2) E7b9

(Rhythm of arpeggios; not too heavy)

A(add2) G6 A(add2)

(Optimistic.) D.S. with all repeats. D.S. as many times as desired.

cresc. poco a poco

G6 Dadd2/A (Amen.) A(add2)

sub. p: as if your breath was taken away.

D(add2) A(add2) D(add2) A(add2) D(add2) 4x

cresc. poco a poco mf or f

A(add2)

(Rhythm of arpeggios.) dim. poco a poco

(repeat as desired.)

by Keith Calmes

"American Landscape" was written in reaction to the recent shootings in Buffalo and Uvalde. This piece can be played by a group of any size, or even by a solo instrument. The first measure is a prelude to center down and is repeated as desired. The section of music beginning in the following measure is a remembrance of the events and the fallen. This section can be repeated as desired, perhaps with different soloists. In the following section, beginning with the A add 2 chord, a sense of optimism is present (We Shall Overcome, etc.). The final section, beginning with the D add 2 chord, which I call the "amen section" is meant to depict an overwhelming sense of unity and love.



Doris Pulone leads art exhibit and activities during Tri-Quarter Retreat at Three Lakes YMCA, Medford Lakes, NJ.

Photo essay (pp. 5-8) by the editor



Above right and clockwise: Kandy Lippincott, blockprint workshop; Lake at Retreat; Keith Calmes and Joanna Patterson; Mosaic @ Mimi Scalia; Fused Glass @ Judy Ballinger; next 3 photos, clay workshop led by David Gamber (red); Dinner fruit; Sabrina Reisher (center) and children cut their printing blocks; Doris Pulone.





Top right and clockwise: Poetry books by Susan Chast and Rocky Wilson; Great Blue Heron photograph by Rob Pulone; Tie dye workshop; Drawing workshop, Liana Hershey; Beadwork workshop; "Yes, my work," says Kayla; Cambodia refugee and newborn © Blair Seitz; Painting leaf patterns © Judy Ballinger; Lily gets help from Taylor Bauman.



Top right and clockwise: blockmaking workshop with Kandy Lippincott; Rocky Wilson performs with Gwen Glos; Photographer Blair Seitz by Judy Ballinger; Tom Reisher plays Crystal Bowls as well as guitar; Photographer Joanna Patterson does drawing during Pandemic; Mother, Injoo, and daughter do art together.



Top right and clockwise: Block cuts by Kandy Lippincott; Worship; Rocky Wilson and Doris Pulone; Mimi Scalia exhibits evolution of black and white ink to large abstracts; Keith Calmes and classic guitar; Upcycling T-shirts quilt © Doris Pulone; Saturday evening square dancing before ice cream, hayride and bonfire.

photos pp 5-8 © Blair Seitz

John Holliger
HALF PAGE

“Our children and grandchildren seeing how tentative our response has been to global climate disorder

...have already framed their objections: Why did you not prepare?

Why were you so profligate while we still had a chance?

Where was your wisdom?

...An Era of Emergencies is bearing down on us.

We must now consider how to organize the last industrial extractions of oil, fresh water, natural gas, timber, metallic ores, and fish to ensure our own survival...

As I write these words, I'm compelled to say I see no sign of ... salvation on the horizon.” -John Holliger



Know your FQA board (cont. from page 3)



Liz Di Giorgio....completed an art project (see left) over the summer with seniors at the only center for gay seniors in Queens, NY. She was reminded of the enormous difficulties that the seniors had to go through simply to be with their partners in the years prior to the legalization of same sex marriage, especially when citizenship issues were involved.

Chuck Fager... Chuck reported that on Thursday of the second week of September his blog reached half a million hits. He says, "I have become a kind of a news aggregator." He continues "looking for stuff" and notes that "stuff keeps happening." Read findings and writing at www.Quakertheology.org.

Jennifer Elam... "Types and Shadows' has been a great inspiration to me for years! I just made a copy to use this week of a **T&S** from 2012 that used my art. Thank you, Blair, for your inspiration all these years! Chuck's Lemonade Gallery was the start of my doing all those art shows since I think it was 1996 or 97. Thank you Chuck too. And today, after I danced, I got invited to do two art shows in town. Shocked me! I am so glad I can contribute to the membership effort by including an invitation in my trauma workshop invitations. Good timing!! And life altering work - I like that!! Blessings to you all in this next round of our work!!"

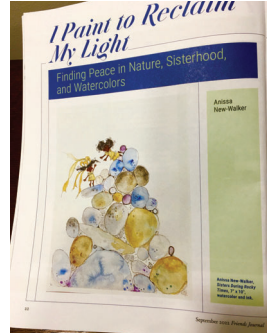
MEDIATING TRAUMA THROUGH CREATIVE EXPRESSION WORKSHOP

Trauma is a story that has gotten stuck and forgotten how to dance. We have to teach it to move again.

These are the first words you will hear after a violin improvisation welcomes you into a safe and sacred space. Through writing, movement, and music, participants share their story of trauma, challenge or grief, as it is now and as they re-vision it. We ask that participants have a support system in place in case of need.

Workshops are held via Zoom, usually for 90 minutes for each part (time flexible). Part 1 is an academic piece related to the trauma literature. Part 2 is experiential. For scheduling or for more information for you or your meeting, email jenelam@aol.com. Fees are open to negotiation and reflect the number of participants and resources available.- Dr Jennifer Elam

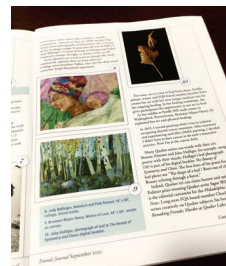
FQA artists appear in September 2022 in "Friends Journal"...



Pamela Williams, Jonathan Talbot, Anissa New-Walker, Asake Denise Jones, Blair Seitz, Judy Ballinger, John Holliger, Bronwood Meyer Henry, Cai Quirk, Skip Schiel and Diane Falson McKinsie

Transcendence: Queer Restoryation

gender • queerness • mythology • spirituality • storytelling



Transcendence: Queer Restoryation invites readers into a world where distinctions of gender, time, and place become fluid and flexible. Binary ways of seeing the world will not simply disappear, we must actively replace them. 38 self-portrait photographs and six mythic tales explore paths beyond supposed binaries, creating new stories that empower, inspire, and heal. The book will be published in 2023 with Skylark Editions.



An invitation from photographer and writer, Cai Quirk...

Transcendence: Queer Restoryation brings readers a nuanced look into intersections of gender, queerness, spirituality, nature, and mythology. This book weaves together visual and written stories to form worlds that transcend distinctions of gender, time, and place.

<https://www.skylarkeditions.org/>

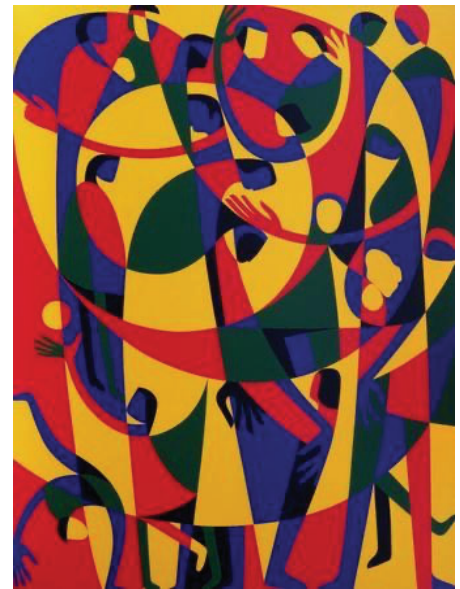
Preorder your book or donate one to LGBTQ+ libraries here!

Types and Shadows history of Quaker Artists feature

With permission of author Gary Sandman, T&S shares vignettes of artists from his book, *Quaker Artists*. These essays are sometimes surprising as the artists date back to the era when artwork was condemned by Quakers. Sandman's book can be ordered from garysandman@cox.net.

RON WADDAMS

Ron Waddams (1920-2010) was a British painter. His work featured swooping, colorful figures, reminiscent of Miró and Matisse, while his themes centered around spiritual and social concerns, especially non-violence. The paintings are in acrylic on a hardwood base. A latecomer, Waddams spent most of his life as a graphic designer and became a professional artist only after he retired. His paintings are now displayed at the Palestinian Mission in London and the Bridgeman Art Library, among other sites.



Waddams was an attender at Jordans (BrYM) Meeting for many years, finally becoming a member in 1978. He first exhibited his paintings at that Meetinghouse. The Larren Art Trust now oversees his works, using any income to benefit the peace testimony of the Religious Society of Friends and the United Nations Association UK Trust.



I loved Ron Waddams paintings. It was difficult to choose just one to share. Finally, I picked out two: “Living Adventurously” (top), based on a British Quaker saying, and “Jordans Quaker Meeting 2” (bottom). This is fine art.



Types and Shadows, Journal of the Fellowship of Quakers in the Arts
FQA c/o Keith Calmes, 78 S. Main St.,
Ocean Grove, NJ 07756

FQA Statement of Purpose

To nurture and showcase the literary, visual, musical and performing arts within the Religious Society of Friends, for purposes of Quaker expression, ministry, witness and outreach. To these ends we will offer spiritual, practical and financial support as way opens.

In this Issue...

Enjoy the festive Tri-Quarter retreat and arts event retold with the editor's photographs. The exhibit and workshops included many artists; FQA board members report their personal reflections and projects; Note Cai Zuirk's forthcoming book.



Rocky Wilson performs with Gwen Glos at the reception during Tri-Quarter re-Juven-art exhibit and performances.