The Best of Friends, vol. 1

ANTHOLOGY OF NEW QUAKER WRITING PUBLISHED 1999 BY KIMO PRESS IN ASSOCIATION WITH THE FELLOWSHIP OF QUAKERS IN THE ARTS

My Grandma Knew What She Was Doing

Helen Weaver Horn

Your war is packaged neatly as a pre-cut chicken-select facts stacked under headlines, pale as breasts in plastic wrapbut Grandma set me straight.

When I was ten she yanked the biggest Leghorn from the coop. She made me hold her squawking on the maple stump and chopped her head off. Blood gushed hotly on my hand, her feet clawed air, her limpness quivered. I felt sick to death.

But Grandma made me hold her upside down and dip her in the boiling pot, pluck out her feathers, split her open. There inside, her eggs lay forming. There her heart was knotted down. I had to tear them out, her lungs, intestines-save the liverrinse and cut her up, prying my knife between her joints so like my own two knees.

I had to dry and salt and flour each piece and fry them in the spitting iron skillet. Pile them on the heated platter. Bring them in to Grandpa at the dinner table. Eat.

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My grandma knew what she was doing. Never, never will I see a packaged chicken blind again.

Or buy your Grade A federally-inspected bloodless war.

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