



Types and Shadows

Journal of the Fellowship of Quakers in the Arts

Issue # 58

Winter 2013-14



"Winter Brook, View from Pendle Hill," Oil, 20" X 20" © Lawrence Sexton

In this Issue... Oil paintings by Lawrence Sexton from Indiana, poetry by Michael Edwards, Philadelphia, portraits by Trudy Myrrh Reagan, California and historic anti-war art by English Quaker artist Joseph Southall.



Maria Cattell photo © B. Seitz

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Submission deadlines are: Sept. 15, Dec. 15, March 15 and June 15.

FQA is an arts ministry for Quakers and others under the care of Trenton M M.

Our Clerk Speaks...

Okay, I said to myself, why am I a member of FQA? Hmm...don't remember exactly why. Too long ago. I think it seemed like a good idea because I like hanging out with Quakers, and hanging out with Quaker artists seemed like a really good idea. Through the years I've shared several of my artistic interests—gardening ("the slowest of the performing arts," as Mac Griswold said), knitting, photographs, writing—at FQA art shows, on the FQA website, and in *Types & Shadows*. It's been fun.

Serving on the board has made my membership even more meaningful as I've worked on art shows and conferences and participated in the blossoming of *Types & Shadows* into a full-color journal under the inspiring editorship of Blair Seitz.

So why are *you* a member of FQA? I'd love to hear from you, via email <mgcattell@aol.com> or snail mail (486 Walnut Hill Road, Millersville PA 17551).

We need more members. So ask your friends to join. You don't have to be a Quaker, and art supporters and appreciators are most welcome.

This past year has been a busy one for FQA, with book readings/signings, several art shows (including a month-long show at Pendle Hill and "Art All Day" in Trenton), and the launch of our "Awakening Your Inner Artist" program led by Judy Ballinger at Reading Meeting. Judy will be doing the program at New Jersey Tri-Quarter Retreat and at Caln Quarter's annual retreat at Camp Swatara. She might come to your meeting too. Let us know if you are interested!

There will be an art show at the 2014 FGC Gathering in California PA (near Pittsburgh) and FQA plans to arrange for several performances at the Gathering. Let us know if you are interested!

And also let us know your ideas for FQA events, or anything else on your mind in regard to FQA.

Yours for the arts,

Maria Cattell

Your editor comments...

I'm happy to introduce a new **FQA member, Michael Edwards** of Philadelphia. Michael read his poetry at the FQA Pendle Hill reception to applause. By popular demand I print his evocative works on pages 7 and 8. As a landscape photographer, I have greatly enjoyed the oil landscape paintings of this month's **featured artist, Lawrence Sexton** ("Larry" to many of us). The winter snow paintings displayed on the front and back covers as well as on pages 4-6 were made mostly outdoors, *plein air*! Larry is a recognized multi-talented artist and teacher. I'm really happy to include many items in members news which extend beyond this page to pages 6, 10 and 11. Congratulations especially to **Roberta and Terry Foss, Annabella Woods, Jennifer Elam and Trudy Myrrh Reagan** and all those who took part in the Pendle Hill exhibit. Enjoy! Blair

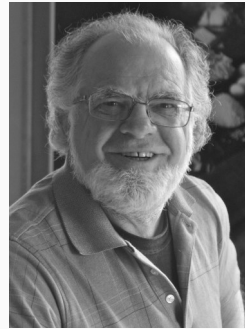
FQA Member News...

FQA Members **Roberta Foss, painter and Terry Foss, photographer** held two showings of their works. The first was at the Christopher Financial Group LLC offices and the second was their annual open house at the Mill Studios in Manayuck, Philadelphia.



Terry Foss at Manayuck show. Roberta Foss at her Mill Studio

FQA member **Annabella Wood** had a concert in December, 2013, at Danielle's Espresso Cafe at 1967 Norristown Rd. in Maple Glen, PA. Visit Annabella's website for her next performances www.reverbnation.com



B. Seitz ©J. Ballinger

FQA member and T&S editor **Blair Seitz** spoke in Pendle Hill's lecture series about his book, *Turn the World Around*. He has also put up a new blog about aerial photographs on his website. See it at: <http://blairseitz.com/2013/10/aerial-photography-technique/>.



Aerial, Lehigh Valley, PA © B. Seitz

FQA artists of the Salem Quarter, New Jersey, mounted an exhibit at Salem Monthly Meeting, Salem, New Jersey, during the Quarterly program. The show then moved to Friends Village, Woodstown, New Jersey. An artists' reception, held on December 13, featured song, poetry and instrumental music. Salem Quarter artists are looking ahead to next year. If you would like to be included in the exhibit contact **FQA member Mary Waddington**. marywaddington@comcast.net

On January 5, 2014, **FQA member Jennifer Elam** was hostess to a reception for her exhibit, which is displayed in the Pendle Hill Barn throughout January and February. At the reception, Jennifer shared the writings and art that came during her recent adventure with breast cancer—honoring the community of support with gratitude through music, food, and fellowship. For more information contact Jennifer Elam – janelam@aol.com



Jennifer Elam poses at the FQA exhibit at Pendle Hill.

Lawrence Sexton: Balance in *plein air*

My earliest training and experiences in attempting



to make art through drawing, oil painting and watercolor were with the guidance of my mother, a local artist, where I grew up in central New York. My early works included still-life subjects and interiors, but my greatest interest and pleasure was in landscape art, most especially the pastoral views of fields, streams, hills, woods and buildings from around our small village and township and the Adirondack Mountains region, where my parents once had property and where we would go on summer outings.

Predominately, I am a landscape painter and teacher in oil and watercolor. But having said that, I should point out that my formal training also includes drawing, relief printmaking, photography, ceramics, jewelry and sculpture; and I enjoy the challenges of working from interior settings as well as portraiture and the figure. As is common, my initial classroom training environment prepared me to be a studio artist during much of my undergraduate and graduate art studies, but during that period and over time since then I have worked and evolved to balance this by becoming a *plein air* artist.



In landscape works, typically I start and finish a piece on location, and if needed I adjust the work in the studio from memory, drawings, and painted color studies which may be supported by photographic references as well. In exploring a landscape subject I am thoughtful about the arrangement of shapes, colors, values, spaces and the juxtaposition of objects around me. I am especially aware of the effects of light on interior and exterior objects and settings due to changes in time of day, weather and seasonal influences.

Of particular interest for me is water in its many forms: creeks, rivers, ponds, puddles, lakes, fog, snow, etc. I am fascinated with the ability of water to be opaque, translucent, transparent and reflective, and the role these qualities play in our perceptions and emotional responses. The works here (pp 3,4,5) offer a small retrospective look at some of my “Winter” work during the past ten years. As mentioned above, each of these images was done in whole or in part in the out-of-doors. For example,

Left: Lawrence (known as Larry to many) paints plein air at Delaware Bay Estuary, New Jersey. Below: “Drifting Snow and Woodpile,” Oil, original in color © Lawrence Sexton





"Winter Meadow, Pendle Hill," Oil © Lawrence Sexton

the largest canvas work here, was started on location, then worked on within the studio, and then taken back to the location to make final adjustments and finish the painting. These paintings also demonstrate aspects of two approaches to how I work. In the larger paintings, when I have ample time available, such as an indoor studio setting or several days in one location outdoors while on vacation, I work slowly, reflecting on the painting and setting, my color mixing and brush work is more thoughtful or controlled. Whereas, when I am traveling, or the weather conditions or time of day are changing rapidly, like a winter's day, I need to paint quickly on small canvas or paper surfaces. As such, these smaller works often may appear more spontaneous in handling than the larger works, but not always. Frequently, because of a time limit the small works

might have brighter color use due to simpler, immediate, direct mixing of pure tube color on the canvas or paper, which is done as a time saving expedient, but this approach comes with its own set of challenges and problems to resolve in the final painting.

It is my hope that you will enjoy these works as much as I have in making them, and you may see more of my work at my website: www.lawrencesexton.com



***"Early Winter"
Oil on paper
"5 X 7"
© Lawrence
Sexton***

Lawrence Sexton...



"February Snow, Pendle Hill," Oil, 18" X 24," original in color © Lawrence Sexton

Members' News (cont.)

Chuck Fager, FQA board member and past clerk, is the Cadbury Scholar-in-Residence at Pendle Hill, doing research on 19th century radical Quakers known as Progressive Friends. Also, Chuck has a new book, *Paper Trail: Writings from the Front-line of Peace Action, Quaker House/Fort Bragg, 2001-2012* (Kimo Press) about his years as director of Quaker House in Fayetteville, North Carolina.

Maria Cattell, FQA clerk, gave a paper at the "Earth Perfect" conference at the University of Delaware in June, 2013. Her essay was titled "Walk in Beauty: Earth Ethics and Garden Esthetics."

FQA member Lawrence Sexton received his Masters in Fine Arts from the University of North Carolina at Greensboro. He has taught studio art at Earlham College and at Indiana University East. This past summer Larry taught watercolor painting at the YMCA retreat center in the Adirondack Mountains. He has studied with many well-known artists including Robert Noel Blair, Mario Cooper, Frank Eckmar, Roy H. Nydorf and Guy Corriero. He painted with Corriero for a weeklong *plein air* workshop on Monhegan Island, Maine. A grant recipient of the Indiana Arts Commission, Larry also gained funding to study the impact of western art on traditional Chinese art making in Hong Kong and Taiwan. He is a founding member of the Whitewater Artists Guild, a professional art group of east central Indiana. Larry is a member of Clear Creek Monthly Meeting, Richmond, Indiana.

Clouds and Continents

© Michael J. Edwards Central Philadelphia Monthly Meeting

*Clouds drift overhead
in a Cornucopia spiral arm
they twist across the earth
ever contemptuous of present form
the wind gives them constant constant re-rebirth*

*Continents drift underfoot
at a mere fraction of their cottony counterpart's pace
Are they engaged in the slowly sinewy race
to become something they are not
and leave oceans blue where water is not sought*

*The sky is blue but many things more
when into it one's mind does bore
as across it phantom continents soar
and real ones lie outside the door*

*For if seconds are centuries
and minutes millennia
are hours eons?
and could that one (right up there) be Asia?*

The Highest Art Form

© Michael J. Edwards

What is music
if not
sculptures in logic
chiseled
under a wind
of emotion

Continuation © Michael J. Edwards

Silence is Invincible

© Michael J. Edwards

The West is eating the World

but the East, as silence

cannot be eaten

so when the West is through with the rest

it will itself be beaten

all that will remain

is purity of God's brain:

silence

silence

and more of the same

Watch now as

your life sails by

across the sky

in blue and white

in broad daylight

or stars at night

sing out their light

down on your plight

of seeing such sights

And your mind is swirling fast

through dreams of yellow chloroplasts

to visions seen

from the ship of light's grand mast

continuation on

a journey across the past

Continuation on

continuation on

continuation on

continuation on

continuation on

continuation on

continuation on

And on and on and on

and on and on and on

and on and on and on

and on and on and on

and on and on and on

and on and on and on

and on and on and on

And on and on and ...oh!

Notice: For more news from FQA members
go to www.facebook/quakersinthearts

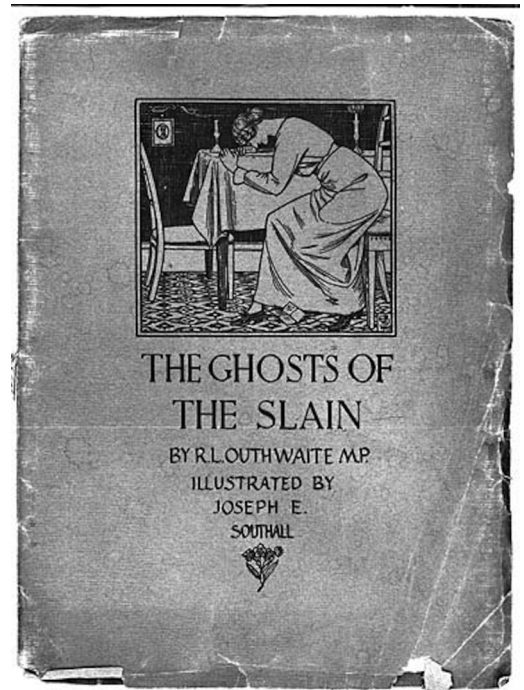
Special: Out of the Quaker past...

Discovered by Chuck Fager while researching 19th century Quaker theology at Pendle Hill

In 1915 Joseph Edward Southall (1861-1944), a Quaker and a painter, illustrated an antiwar pamphlet, *The Ghosts of the Slain*. Southall was a wartime pacifist activist in Birmingham, England, who found a new outlet for his art and pacifist views in this print medium. The work was written by Robert Leonard Outhwaite, a farmer and one-time Liberal MP.

Outhwaite's Biblical style of writing provides Southall with an ideal opportunity to articulate his own ideology. Southall's simple technique makes his First World War protest sharp, clear and profound.

The first illustration (below left) in the pamphlet depicts 'all those who sit in the high places and cast the people into the pit'. Those who promote war are pushed out while a fashionable society woman looks on and a cleric of the Established Church appears as the priest who 'blessed our banners and bade speed to our swords.' We have reprinted three more pages of Southall's illustrations. See Southall's remarkable color paintings at <http://www.the-athenaeum.org/art/list.php?m=a&s=du&aid=3111> -the editor with notes from *Wikipedia*



And when again the people had assembled one from amongst them stood forth and said: "Will you again suffer yourselves to be commanded to kill? Will you again be driven like beasts to the slaughter? And the people answered "NO." Then he said to them: If so be your will you must destroy Kings and Governments who



Then there went forth over the world the first-born of War and Famine led by Death from the battlefield to stand by the side of the cradle. The breast of the mother is dry, the saps have gone out of the tree, and as Autumn leaves in the forest so fall and perish her children. A great moaning goes up from the peoples because



Slain are the millions the treasure exhausted the world no longer shakes to the earthquake of battle, its thunders are hushed, its red torrents have ceased to flow. Peace has come and silence has fallen upon the land, the silence of death in the darkness of night.

Above and right: pages from Ghosts of the Slain, an anti-war pamphlet published in 1915 which includes art by English Quaker painter Joseph Edward Southall.



I said to myself: I shall escape from the shambles and dwell in the days of Peace to come. For my nostrils are choked with the smell of blood and my ears are deaf with the clamour of battle. The priests of God have profaned His temples they pass the children of men through.

Members' News (cont.)

FQA held a reception on November 17, 2013, for its art exhibit, which hung in Pendle Hill's gallery through January 2, 2014. Poetry and prose readings were presented at the opening attended by about 40. Six FQA members sold art during the exhibit. Member participants were Michael Edwards, Susan Chast, Christine Cameron, Joanna Lippincott Patterson, Kandy Lippincott, Richard Edwards, Lynda Grace, Jennifer Elam, Phil Furnas, Mary Waddington, Kitt Eileen Reidy, Maria Cattell, Chuck Fager, Blair Seitz, Elke Muller, Lee Garner, Lynda Grace Black and Joan Reese. We thank Pendle Hill for hosting the exhibit and opening. Here are a few photos from the reception. Photos © Blair Seitz



Clockwise from upper right: Susan Chast reads poetry; Maria Cattell wears her needlework art; Joan Broadfield and Lee Garner meet; Judith Weiss views artwork.



Members's News (cont.)

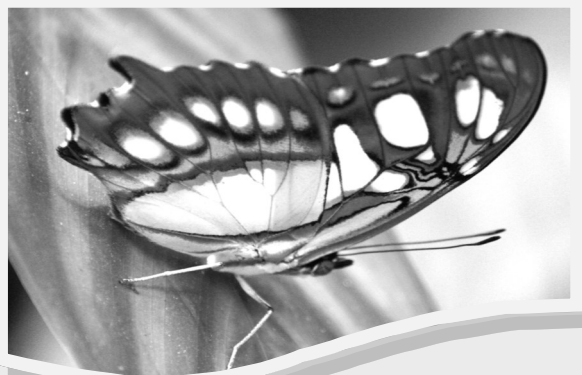
California resident and FQA member Trudy Myrrh Reagan was featured November and December, 2013, at the Charles Krause/Reporting Fine Art Gallery in Washington D.C. Her portraits of Watergate-involved individuals were titled "When What's Right is Wrong: The Watergate portraits and other drawings." The opening of the exhibit featured a lecture by the scandal investigator Chris Todd. The gallery is the only one in the US specifically for Social and Political Comment.



Fawn Hall (left), Senator Sam Ervin John Ehrlichman and Oliver North, originals in color © Trudy Myrrh Reagan



As an FQA member, you are a butterfly, (or a VIP with wings) creating our beautiful garden of expressive talent. Our space of creation includes those who enjoy the arts as well as artists.



Are the arts among Quakers worth your enthusiastic support?

Yes? Then we ask urgently that you share this T&S Journal with another artist or art supporter and ask if they would become a member of FQA.

Need more copies of T&S? Just ask for them at blair@blairseitz.com.

Memberships should be sent to Phil Furnas, FQA membership, c/o PYM, 1515 Cherry St. Philadelphia, PA 19102. Membership is \$25/annually. The latest Journal is sent to new members immediately.



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FQA Statement of Purpose

To nurture and showcase the literary, visual, musical and performing arts within the Religious Society of Friends, for purposes of Quaker expression, ministry, witness and outreach. To these ends we will offer spiritual, practical and financial support as way opens.

Inside: see more of Lawrence Sexton's oil paintings and his essay



*'Greenhouse
in Snow,' Oil,
"11 X 14"
© Lawrence
Sexton*