



Types and Shadows

Journal of the Fellowship of Quakers in the Arts

Issue # 55

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"Floral Medallion" silk paint on silk, 12" © Judy Ballinger

In this Issue... View art from artists who live or have their roots in New Jersey. Judy Ballinger claims the state as her ancestral home. Also meet New Jersey artists Keith Calmes, Mary Waddington, and Judith Weiss.



Maria Cattell © Seitz

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An Arts Ministry for Quakers and Others Under the Care of Trenton Monthly Meeting

Our Clerk Speaks...

Ever been to the John Woolman House in Mount Holly NJ? That's where your board met on March 23. Good thing Woolman wasn't there, as he would surely have given us an argument that the arts are "of no use to the world...[and are] contrary to the nature of the Christian religion." That was the argument he made to his Mount Holly neighbors in 1763 regarding "the tricks of a juggler," as recorded in *Beyond Uneasy Tolerance*, the FQA publication compiled by Esther Mürer.

How times—and Quakers—have changed! We spent much of our time in Woolman's house planning ways for FQA members to participate in a variety of art events.

July (look for announcement): Book launching/signing for FQA member authors at Pendle Hill.

August 10: Hollystock, the Woodstock of Mount Holly NJ: might FQA sponsor an art show?

October 13: (detailed plans to be announced) Tour of artists' studios and galleries at Goggleworks in Reading PA. Goggleworks is a former goggle manufacturing plant, now an art center with 40 artist studios, galleries and a movie theater. We'll visit the studios and galleries, then go to Reading Meeting-house to share with Meeting members about "awakening our inner artist."

November: Trenton's "Art All Day" event, including an FQA art show at Trenton Meeting.

December 2 (not quite firm): Pendle Hill Lecture series with FQA participation, "Passion, Persistence, Self-probing and Serendipity, Four Ingredients of a Successful Memoir" by FQA photographer/author Blair Seitz.

We also came up with an idea for a new feature for *Types & Shadows*: mini-memoirs. We'll look forward to *your* contribution! Going to the FGC Gathering in Colorado this year? Be sure to sign up to show your art in the Lemonade Gallery. Why is it the Lemonade Gallery? You know, when you're given lemons... Read the story on our website: fqa.quaker.org/gallery/index.html.

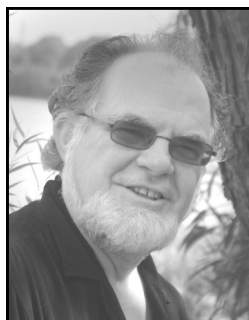
Yours for the arts,

Maria Cattell (Lancaster MM)

PS If you recently got a reminder card about renewing your FQA membership, please take a moment to respond.

A note from the Editor...

One of the pleasures of being *T&S* editor is meeting Quaker artists who have made appearances on the national stage. **Keith Calmes** is another of our artists of such stature. I did not learn this from Keith (he is too humble) but from writers who interviewed him for prestigious magazines (p. 9). I'm also happy to feature the lively fabric art of **Judy Ballinger** (my board tells me that being my wife should not exclude her from being included in *T&S*). I like that **Judith Weiss** who fills her life with social activism is able to find beauty in nature. **Mary Waddington** uses her skills in photography and prose to share her emotions regarding health issues. I hope you enjoy this *T&S*—Blair



B. Seitz ©J. Ballinger

News from the FQA Board...



FQA's facebook page "shot the moon" in March with a large number of visits. Go to the site now to see 35 of **Chuck Fager's** religious roadside signs. Here's one to get you started. Take a look at 34 more at:



Photo © Chuck Fager

www.facebookquakersinthearts. Board members **Doris Pulone**, **Phil Furnas**, **Chuck Fager**, **Judith Weiss** and **Blair Seitz** are site administrators who can put your work or news items on the facebook page.

The FQA board met on March 23 at the Woolman House in Mt. Holly, New Jersey, to plan activities for FQA members. Note **Maria Cattell's** Clerk's Column (page 2). Do you have an idea for your Meeting's participation in "bringing out the inner artist in all of us?" Are you a facilitator? Would your Meeting hold a workshop with FQA? Please contact Maria at mgcattell@aol.com.

FQA artists in action...

Keith Calmes, an FQA artist from Wall, New Jersey, has not one but two magazine articles about his

contemporary/classical guitar prowess.

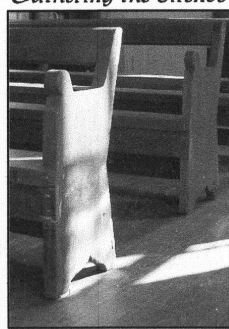
The first article is in the March issue of the New Jersey/New York Rock (!) magazine, *The Aquarian*. See page 9 of *T & S* for a review of the story. At the following link is a second article on the website, Classical Music Philadelphia: <http://www.classicalmusicphiladelphia.com/TheKeithCalmesChielMeijeringExperiencebyDavidCohen.htm>. Here writer David Cohen says of **Keith Calmes'** new album, which is a collaboration with a Dutch musician, "The music is from a highly creative period for both Meijering and Calmes that resulted in the release of eight recordings in 2012. *Asbury Lanes* is the release that can be equated to the beauty the eye beholds when the flower fully blooms. In addition to his work with Meijering, Calmes has released a solo classical guitar recording *All We Know Is Now*. This new music composed for and on the guitar is the experience that can draw in the younger demographic, many of whom grew up in the 1960's listening to a lot of rock & roll...."

T&S editor and FQA member Blair Seitz's new book, *Turn the World Around, A Photojournalist Discovers Paths to Peace Traveling a War-torn Planet* has been included in QUAKERBooks of Friends General Conference (FGC). Blair will be facilitating a workshop about "paths to peace," as reflected in his memoir at Caln Quarter annual retreat at Camp Swatara, May 4, 2013.

FQA Member Eileen Kinch of Quarryville, Pennsylvania has published a remarkable set of poems in the book *Gathering the Silence*. Her publisher is Finishing Line Press and her promotional card includes praise from the author of *Poetry in America* (see card below).

FINISHING LINE PRESS
Proudly Announces the Publication of


Gathering the Silence
by
Eileen R. Kinch



www.finishinglinepress.com

Eileen R. Kinch
paper, \$12
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"Preorder Forthcoming Titles"

This beautiful debut collection claims a space for silence by way of utterance: testimony so strong it sears the speaker's lips, lifts in song, or finally falls to a hush. Kinch enacts the old association between poetry and the furrowed field preserved in the etymology of "verse": *vertere*. Her lines turn as the plowman turns the row. "Fields" articulates her personal and elegant ars poetica: The rows are straight, yet curving with/the contours of the land—a part in a woman's hair—a quiet, well-ordered life.
~Julia Spicher Kasdorf, author of *Poetry in America*



T&S How did you discover your artistic skills? It was the adults around me who so admired all the drawing



Judy Ballinger paints on stretched silk. photo © Seitz

I did as a small child, that when asked in 1st grade what I wanted to be when I grew up, I knew the answer cold--“an artist.” My first art classes were in high school, where I had to go against advisors who thought of art as a filler subject. I chose a college where I could major in art, but even at Hood, I was pressured to do something more academic. Though I have spent most of my life teaching art, it has been a lifelong struggle to convince myself as well as others that art is a truly valuable endeavor.

T&S Is there an artist who has been a mentor to you? Two friends from my youth have long inspired me by their commitment to expressing beauty and ideas through their art, yet I rarely made time for my own art while I was teaching. In 2003-04, a year in residence at Pendle Hill helped me start working on personal ideas. Studio director Sally Palmer introduced silk painting and book-making, and these have been my main media since then.

T&S What motivates you? Inspiration seems always present now---I think I would have to live another fifty years to do it all---but the desire to create really be-

gan to flow once I ceased to have deadlines or product expectations. Being older and retired is not at all bad!

T&S So it's been easy for you to find time? It wasn't until I rented studio space outside my home in 2009, that I learned to devote chunks of each day doing only

T&S interviews

artist Judy Ballinger

about her fabric painting

art. Now with my studio in my house, I have to pretend that my space is not in my home and ignore distractions.

T&S Do you sell your work? I began to sell my painted silk scarves, collages and handmade books at the Cape May Artists Cooperative Gallery in 2009. When I moved to Pennsylvania in 2011, I joined the Berks County artists' coop at Art Plus Gallery on Penn Avenue in West Reading. Besides the pleasure of selling my silk on display, I enjoy the fellowship of an artist



“Sea Shells,” silk paint on silk, 8” X 54” crepe de chine scarf, © Judy Ballinger

community. My creativity is also affirmed by colleagues from my working years at Preschool of the Arts in Madison, Wisconsin, the Center for

**"Heart Blown Away." hand
made paper collage, 10" X 13,"
© Judy Ballinger**

Community Arts in Cape May NJ, and especially the Art-Spirit group with whom I retreat one day a month. I joined these retreats at the Marianist Center of Cape May Point in 2006; together and all together, we creatively and spiritually support one another.

T&S What does being creative mean for you?

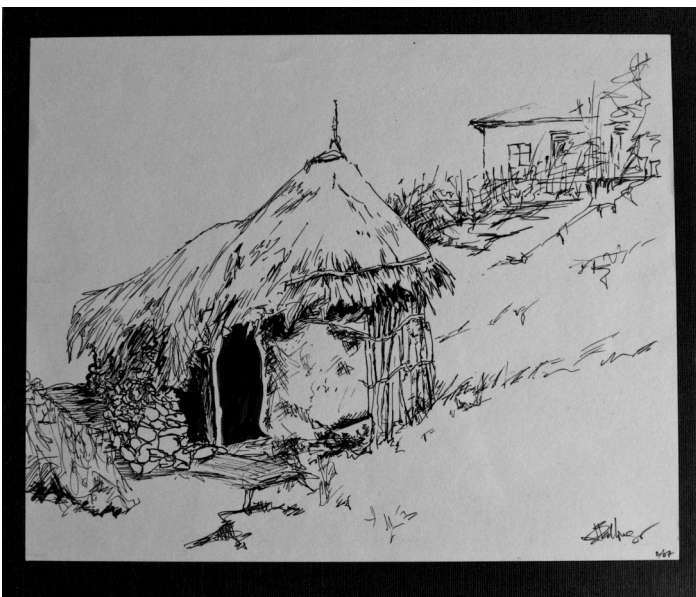
Creativity takes many forms. When I taught, my creativity was consumed in teaching. Since then, I have found constant inspiration from nature flowing through my brush in colors onto silk, or in objects suggesting placement in collages. Now I am focused on designing beautiful patterns from sketches I made in Costa Rica in February for a series of works on silk ---scarves, medallions, fans---to be shown at Art Plus Gallery in May-June, when I am the featured artist. Next I want to use my creative energy to pull meaning from the many sketches and paintings I did while living in Ethiopia and the Sudan 1968-1980. This endeavor will involve re-exploring the graphic media of my college training.

T&S What are your satisfying moments? My satisfaction comes in the process, not the product. It is



bliss to lose oneself holding a brush floating paint onto silk, or to meditate upon a seedpod, shell, feather or vine. Big satisfying moments have come seeing my students' pride in discovery and then their presentation of original creations.

T&S Do Quaker values—peace, simplicity, integrity—have relevance for you? I find the Quaker value of simplicity a good balance with my inherent tendency toward overstatement and my Episcopalian values of glory, joy and celebration. I hope there will be an integrity in my work that promotes universal understandings of peace through love and respect for all creation. Beauty is everywhere—look, see, feel, touch and taste it. Be in awe and gratitude. Perhaps art and life enhance each other; as my spiritual and emotional life and loving relationships feed my creative desire, so my ability to release creative impulse into art enables me to engage with life around me.



**"Two houses, Adi Shihu, Ethiopia," pen and ink, 8"X 10,"
© Judy Ballinger**



A member of Trenton Meeting of Friends and a long time social activist, Judith was President of the Princeton Area Women's International League for Peace and Freedom during the Vietnam War. Currently she is active in the Coalition for Peace Action, the United Mercer Interfaith Organization, Mercer County Human Relations Council as well as Hightstown-East Windsor Interfaith Coalition for Peace and Justice. She is also coordinator of the Quaker-sponsored Silent Prayers year round presence in the main square in Princeton.

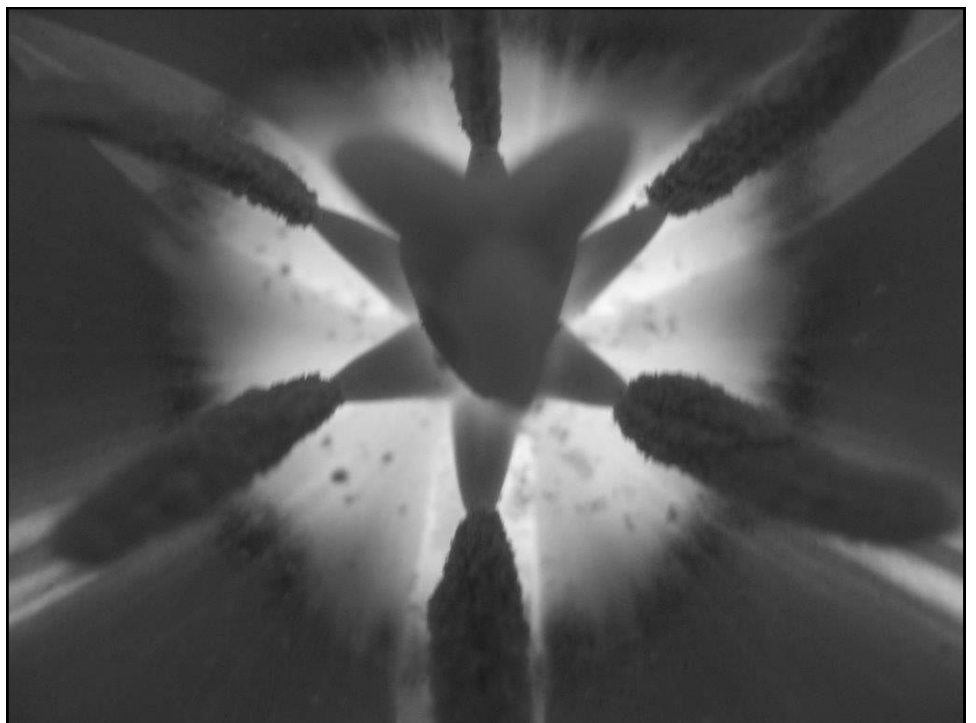
Trained in Graphic Arts, Judith chose to work in data processing so that she could support her two children after her divorce. She says, "I dabble in mixed-media, collage, art quilting, and photography in between my social action work."

Peace activist Judith Weiss shows us her photographic talent





The photographs on these two pages are © by Judith Weiss of Trenton (New Jersey) Monthly Meeting. Page 6, top, "Springtime" (original in color); bottom: "Life Lines" (original in color); Page 7, top, "Winter's Fullness," Black and white photograph; right, "Floral Symmetry," (original in color)



For Every Thing There is a Season

Photo and text © Mary Waddington, Salem, (New Jersey) Monthly Meeting

In the fall I was promised remission--I am certain I heard this correctly. But winter brought a recurrence instead, and my houseplants began to die. A blanket of snow has fallen on last year's growth and the farmhouse of a body I live in is in disrepair. Yet, like winter, I know instinctively I am in a season of new growth hidden just under the surface that silently works on blossoms yet to come.

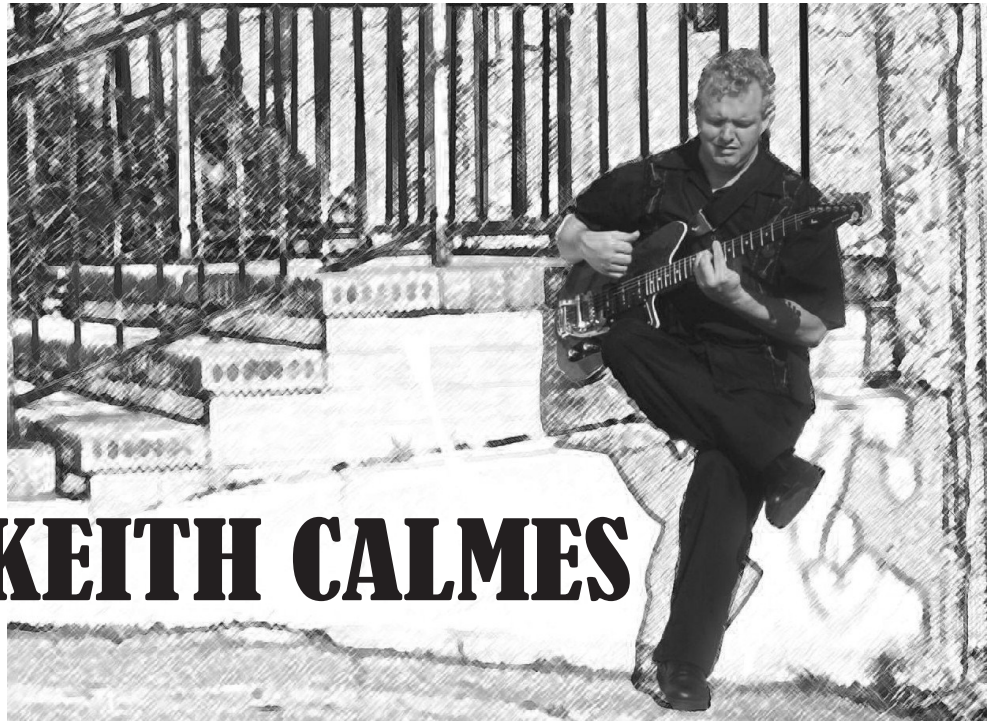
Seasonal changes model for me how to let go and how to create anew. Sometimes they tell me to simply begin again without question. Having been brought to my knees this winter is keeping me low, yielding, tender, down where I can hear the sobs of the earth, where the tears of humanity can fall on my face. I am an apprentice once more and being asked to be teachable, to trust, to move deeply into the heart and become love. I am being told to find my piece of the collective puzzle and drop it into that little space that awaits it so as to help reveal the whole.

There is indeed a season to every thing, a time to every purpose. The blanket of snow that covered me and at first felt numbingly cold has insulated me from the harshness of unexpected change. Winter's pale sun has cast its shadowless light on a path that I can clearly see as mine. Long nights have informed me that my questions are known before I ask them and are wed to the answers, as is day to night. I fling a question into the dark and like a well-thrown boomerang it returns bringing me resolution.

My seasons are finite. I must listen to them closely for each whispers an invitation to recognize the sacredness of the earth and the heavens and each other, and to know I am inseparable from this whole. Today there is no need to see what is happening under the snow for I can feel the swelling of the buds. I will simply begin each day anew without question, knowing I am integral to the divine unfolding of each tomorrow. This rhythm is ageless and I am a part of its dance.



Writer Hal B. Salzer notes in his article about FQA member **Keith Calmes**, “Keith is a real artist, in that his primary concern is the music, first and foremost, and commercial or monetary considerations take a back seat. ‘I try to get people in touch with the essence of music that has inspired me over the years,’ he muses. ‘That’s what it’s all about to me, keeping the inner flame of great music alive and passing that torch onto the next generation.’”



KEITH CALMES

The graphic which appears in *Rock*, a national magazine which features Keith Calmes as versatile contemporary and classical guitarist.

Shy Keith???

I (your *T&S* editor) am doing some “double takes” here. Is this the same **Keith Calmes** who appeared shy when our applause demanded that he do an encore at our FQA conference? Salzer lists the appearances Keith has had: “Carnegie Hall was probably Keith’s biggest

thrill...His résumé is sparkled with a myriad of other impressive venues, including concerts at the Roerich Museum in NYC, the chapel of the United Nations, and conferences put on by FQA (yes, Keith includes us), the American String Teachers Association, and the Guitar Foundation Of America.”

FQA is seeking your art...



*mini-memoirs for *Types and Shadows* publication
*art—writing, photography, song, sculpture, paintings, any art—for the FQA facebook page and *Types and Shadows*.

FQA provides an opportunity for all of us to learn and benefit from one another’s experiences. Please write your mini-memoir—800 words or less—that capsulizes the most meaningful twist(s) and turn(s) of your voyage with art. Send the mini-memoir to blair@blairseitz.com. Please put “mini-memoir” in the subject box. Do it! Let’s share. Thank you. Also, send your art or art announcement for facebook and *T&S* to: blair@blairseitz.com.



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FQA Statement of Purpose

To nurture and showcase the literary, visual, musical and performing arts within the Religious Society of Friends, for purposes of Quaker expression, ministry, witness and outreach. To these ends we will offer spiritual, practical and financial support as way opens.

Featured artist is Judy Ballinger. Read comments in her interview.



"Magic Butterflies," section of 60" scarf, silk paint on silk, © Judy Ballinger