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# Types and Shadows

*The Journal of the Fellowship of Quakers in the Arts*

Issue # 44

Summer 2009

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## GENEROSITY OF SPIRIT AT ARTISTS' GATHERING: ZAN LOMBARDO AND HER MAGICAL CIRCLE

Maria G. Cattell (Lancaster MM)

“Where are our thoughts before we have them?” It was Zan Lombardo talking, standing tall above a three foot high paper circle...well, not just any old paper. It is watercolor paper, 30 feet long and covered with Zan’s drawings and, in some sections, her paintings. “Where do our thoughts come from?” Zan asked. “What in the external world inspires our thoughts?”

It was May 13, 2009. There were about 30 Quaker artists seated around the paper circle in an upstairs room at the Arch Street Meetinghouse. We had just enjoyed dinner together, and now we were gathered around Zan and her watercolor circle. Zan’s head and upper body were visible but what is she standing on? I kept thinking. It’s magical...will she fall? Is she walking on water?

Zan told us the story of her paper circle, moving about within it as she spoke. The idea arose from seeing a long scroll painting in a *National Geographic*, but the project was a long time birthing. Zan spent about two years drawing the sketches before she began painting. She had been painting for the past six months and clearly had a long way to go.

The subject of this work (can we call it monumental?) is unconditional love and interconnectedness. And where do Zan’s thoughts for working that out come from? From various sources, Zan told us. “I sit with it. I play with it. I dream of it. And I do a lot of staring at it.” For example, thinking about a kiss as energy, Zan came up with chaos, oaks and acorns, smells, and shells and things. And here they are, she said, moving to one section and leaning over the top of the circle to point out details. (What is she walking on? How can she be so surefooted up there? Is she a mountain goat?)



*Photo by Elke Muller*

*Continued on page 5*

**! Attention Quaker Artists !**  
***We will be having our next***  
**Annual Arts Conference**  
**at Pendle Hill!**

**on**

**\*\*\* October 24, 2009 \*\*\***

**We will be offering the following workshops:**

- **Mixed Media Journaling**
- **Photography**
- **Plein Air Painting (watercolor) and/or landscape sketching**
- **Clay workshop exploring ideas about creation, brokenness, wholeness and creativity**
- **The Art of Keeping a Journal**
- **Music... and much more!**

Our annual  
art gallery  
show will  
be in  
"The Barn"

**We will be sending out the Intent to Show form and other information in the next weeks.**

**Your Board at Work**  
**Maria Cattell, Clerk**  
*Fellowship of Quakers in the Arts*

As you will see in this issue, plans for our fourth annual arts conference on October 24 are proceeding well. Sadly, our hopes for a show at PYM's Residential Yearly Meeting at DeSales University in July were disappointed. There was just no appropriate space for a show.

But you can look forward to an opportunity to sell your art at a show to be held at Arch Street on November 6 and 7. These dates coincide with Old City's First Friday, so there should be a lot of traffic. Proceeds from the show (the gallery commission) will benefit Philadelphia YM's annual fund. To participate in the show, you will need to be a current member of FQA.

Also, there will be another artists' gathering in January, 2010 (see article in this *T&S* about the May gathering). We are also working on updates to the FQA Membership Directory, which was last done in 2003, and a new membership brochure.

At our next Board meeting, at the end of August, we'll be working on the 2010 arts conference, to take place over the weekend of October at Pendle Hill. We welcome your suggestions for workshops, performances or other events. Please communicate with any Board member if you have ideas.

In the previous issue of *T&S* I announced the resignation from the Board of our Assistant Clerk, Aaron Fowler. Now I am happy to tell you that Carol Sexton (introduced in the previous *T&S*) has agreed to serve as Assistant Clerk.

So—that's your FQA Board at work.

*Happy Summer!*



*"Charlie"* by Lois Barton

## Haunting

# OUR FEATURED ARTIST-

# ANNE HAEHL,

# EVANSTON IL MEETING

### On the History Channel

The guide to Alcatraz  
led the cameras  
through the empty corridors  
to a solitary cell  
where he'd spent time.

With the door closed  
the darkness was perfect.

He explained  
how he ripped his buttons off  
scattered them  
around the room, then  
found them  
by feel.

"You can pass a lot of time," he said,  
"until you find them all."

After he found them, he said, he'd drop  
them again.



*"Asbury Park" by Elke Muller  
Central Philadelphia Meeting*

In my house,  
ghosts  
slip from the radio  
slide out of the television  
rise up from the newspaper, even  
cluster  
round the magazine rack  
in the bathroom.

No wounds tear their flesh;  
their bones are whole.  
Their uniforms  
shine as they did  
in the photos  
they left with wives,  
and parents,  
sweethearts  
and children.

"Look," I tell them,  
"I go to vigils for you.  
where the cold wind  
bites into my arthritis.  
I march for you  
and my feet ache.

I attend boring meetings.  
contribute thoughtful.  
well-received  
letters to the editor.  
I write peace poetry  
and sometimes read it  
in public venues.

"I write to public official, begging  
to bring your comrades home."

"I pray and weep for you," I tell them.

They just look at me.

Oh, brothers, I beg you, leave me  
and haunt  
the powerful  
who sent you to die.

*Anne's Poetry Continues on Page 6*

Zan invited us to pick up the sketchbooks under our chairs and look through them. They are of various sizes and shapes, bought at various times and places. The sketchbooks often have themes (such as sharing or gratitude) and are full of doodles, drawings, paintings, poetry and prose—thoughts and images which are elements in Zan’s creative process. She also shared with us her own poem, “Generosity of Spirit.” It includes these lines:

An artist risks everything  
To fling open the shutters on your chest  
Where the god breeze blows through.

Then Zan invited us to come close. And when I looked inside the circle, I saw many folding chairs arranged so she could walk around on them. Ah, mystery explained. So Zan does not walk on water!

Zan is a member of Uwchlan (Downingtown) Meeting, a public school teacher for more than 25 years, Adult Co-Clerk of PYM Young Friends—and of course, an artist. She has won various awards for her work with youth and on environmental education. It was a fun evening, and it was especially fun getting to know Zan better and to feel the generosity of her spirit.



Photo by Elke Muller

Don’t miss the next artists’ gathering in January 2010. Like this first one, it will be cosponsored by FQA and Philadelphia Yearly Meeting.

If your meeting and/or arts group is planning an event or has had an event, please send an article with photos to Types and Shadows to [maureenelke@verizon.net](mailto:maureenelke@verizon.net).

*Michelangelo to one of his students...*

*“Draw Antonio, draw Antonio,  
draw and do not waste time.”*

*Anne Haehl's poetry continued from page 4...*

## **Alien Minds in My Home**

Joey ritually swats at Spats  
on the way to dinner.

Petey objects to the hostilities  
with an unearthly whirring sound.  
Magick brushes my shoes, alternatively crying  
"I am so hungry. Please, oh, please feed me,"  
and demanding "Get out the food. The service  
here is terrible."

(Four cats eat five kinds of special cat food.  
but I am not obsessed).

Tonight the Kansas wind howls.  
On my bed, pale yellow, gray, and two  
combinations of black and white  
indiscriminately mix.

"Would you please move over  
so I can get in my bed?" I ask.

"*Your bed?*" comes the silent echo.

## ***FQA Artist News...***

Chuck Fager has an article in the July 2009 issue of  
Friends Journal, "Why Bottled Water is a Blessing"

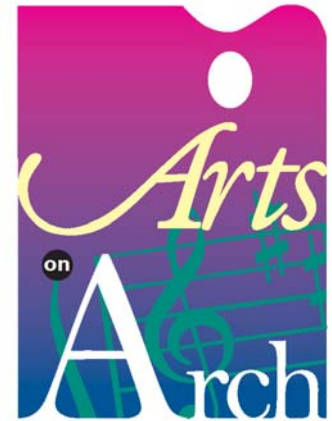
Jnana Hudson also has an article in the July 2009 issue  
of Friends Journal, "Friends Within God's Light."

Esther Murer has a new poetry Website at

<http://esthermurerpoetry.home.att.net/>

or

<http://home.att.net/~esthermurerpoetry>



There is a new event on the horizon and *Fellowship of Quakers in the Arts* was the inspiration. So, mark your calendar for **ArtsOnArch**, November 5-7, 2009, when all manner of arts will combine for one cool weekend of fun at Arch Street Meetinghouse.

**ArtsOnArch** will feature a Juried Art Show and Sale from Thursday, November 5<sup>th</sup> through Saturday, the 7<sup>th</sup>, and a Friday evening concert with Livingston Taylor and Liz Longley. *A benefit for Philadelphia Yearly Meeting, the show will also offer an opportunity for the artists among us to show and share their work while sharing in the proceeds with a 60/40 split.*

Watch for the Juried Art Show entry form that should arrive in your mailbox in late August. In the meantime, if you have any questions, please contact Elke Muller at [maureenelke@verizon.net](mailto:maureenelke@verizon.net)

**New! FQA is now offering membership to monthly meetings. For a minimum donation of \$50, your Meeting will receive a copy of our Types and Shadows newsletter which is published four times per year.**

**We also offer support to monthly meetings that plan and host arts events and activities. Encourage your Meeting to join FQA!**

**Please visit our website at [www.quaker.org/fqa/](http://www.quaker.org/fqa/) to download a membership form and for further information. You may also contact our Membership Care person, Elke Muller, at [maureenelke@verizon.net](mailto:maureenelke@verizon.net)**

Dear Quaker Artist,

This is a blank space.

Your artwork, poetry, or other article

could have gone here.

Please submit your work to

Elke Muller

at

[Maureenelke@verizon.net](mailto:Maureenelke@verizon.net)

# FQA MEMBERS!

Would you like to be able to connect with other FQA members through an electronic listserve?

If so, please email your responses to these survey questions to [jimdoria@mail.com](mailto:jimdoria@mail.com) by September 15<sup>th</sup>, 2009

I am interested in being part of an FQA listserve in order to:

- |  |           |
|--|-----------|
| 1. receive announcements about upcoming arts events        | Yes or No |
| 2. engage in on line discussions about arts related topics | Yes or No |
| 3. find out about networking and job opportunities         | Yes or No |
| 4. advertise my art or my services                         | Yes or No |
| 5. share my art or writing on line                         | Yes or No |
| 6. Other (please specify) _____                            |           |

## Upcoming art exhibits at Pendle Hill:

July 6 - September 24

"Examining Growth"

Paintings, drawing and prints by Shelley Hedlund

September 27 - October 24

"FQA Members Exhibit"

Closing reception 4:00 to 5:00 pm on October 24 to end our annual conference day.

October 26- January 22

"Just For His Glory"

Photographs by Diane Gordon



## **FQA Group Exhibit at Pendle Hill, September 27 – October 24**

FQA members who wish to participate in a month-long exhibit at Pendle Hill this fall may submit up to 2 pieces of art work. This year we will be accepting both 2-D and 3-D work. 2-D work to be displayed on the wall must be framed and ready for hanging. 3-D work must be of a reasonable size and weight, free standing and ready to place on a table or display pedestal. Please print the Intent to Show Form from the FQA web site and mail it by September 19 to: Carol Sexton, 338 Plush Mill Rd., Wallingford, PA 19086. Delivery dates for art work are September 21-25. All work must be removed at the end of the day on Saturday, October 24.

Questions? Call Carol at 610-565-7086, or email: [csexton@pendlehill.org](mailto:csexton@pendlehill.org).

# NEWS FROM NEW ARTIST COMMUNITIES

Friends in the Arts (FITA), the Santa Fe, New Mexico, chapter of FQA, began in early 2009 and meets alternatively between our southside location and Canyon Road Meetinghouse in the heart of the city's well known art district.

We invite Friends from all directions to visit and perhaps stay in our guest apartment. Let some of us be your guides in Santa Fe and northern New Mexico – to share the grand countryside, rich history and multi-faceted creative activities: traditional, contemporary, secular and all sacred.

To celebrate our inauguration, we mounted an exhibit including origami, photography, poetry, weaving, watercolor and poetry. All mediums are welcome.

For more information contact  
Kathy Burke at  
[kathyburke302@yahoo.com](mailto:kathyburke302@yahoo.com) and/or  
for information about the guest  
apartment contact  
[guestapartment@yahoo.com](mailto:guestapartment@yahoo.com)



*"Hal" by FQA Artist, Lois Barton*

## The Fellowship of Quakers in the Arts Board

The following FQA members currently serve on the Board of the Fellowship of Quakers in the Arts:

- \* Maria Cattell, Clerk  
[mgcattell@aol.com](mailto:mgcattell@aol.com)
- \* Carol Sexton – Assistant Clerk  
[CSexton@pendlehill.org](mailto:CSexton@pendlehill.org)
- \* Doris Pulone, Treasurer  
[dpulone@comcast.net](mailto:dpulone@comcast.net)
- \* Margo Gulati  
[mimpett@verizon.net](mailto:mimpett@verizon.net)
- \* Elke Muller, Editor T&S and Membership Care  
[maureenelke@verizon.net](mailto:maureenelke@verizon.net)
- \* Chuck Fager  
[chuckfager@aol.com](mailto:chuckfager@aol.com)
- \* Blair Seitz  
[blair@blairseitz.com](mailto:blair@blairseitz.com)

If you are interested in taking a more active role in FQA, please send an e-mail to Maria Cattell at:  
[mgcattell@aol.com](mailto:mgcattell@aol.com)

If you have questions with regard to your FQA membership, please contact Elke Muller at  
[maureenelke@verizon.net](mailto:maureenelke@verizon.net)

Visit our website at:

<http://www.quaker.org/fqa/>

Send a story, poem, photo or other artwork to  
Elke Muller at:  
[maureenelke@verizon.net](mailto:maureenelke@verizon.net)  
or to the FQA address below.

If you have an arts conference, play, gallery opening, et cetera, send the information to me for publication in the next T&S!

*Please note: Entries will not be returned and will be published at the Editor's discretion*

## Join FQA!

\$25 per year for individuals;  
\$40 for families and  
\$50 per year for groups.  
Send membership dues &  
your postal address to:

FQA c/o PYM  
Street  
1515 Cherry  
Philadelphia, PA 19102

*Please make check out to Fellowship of Quakers in the Arts. Thank you.*

### PLEASE NOTE:

If you wish to receive Types and Shadows online and save us postage and paper, please let Elke Muller know at  
[maureenelke@verizon.net](mailto:maureenelke@verizon.net)

# Types & Shadows, Journal of the Fellowship of Quakers in the Arts

Philadelphia Yearly Meeting  
1515 Cherry Street  
Philadelphia, PA 19102



## Summer 2009 - #44

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#### FQA Statement of Purpose

To nurture and showcase the literary, visual, musical and performing arts within the Religious Society of Friends, for purposes of Quaker expression, ministry, witness and outreach.

To these ends, we will offer spiritual, practical and financial support as way opens